

Pilgrims

Pilgrims have existed for a long time and there are still people heading out on journeys with religious destinations. In the middle ages most of the pilgrims went on these journeys to shorten their time in the purgatory and to atone for their sins. Nowadays most of the people are heading out on pilgrim journeys to seek themselves or to feel they are a part of history.

Also many heads out on these journeys to calm down and feel a kind of spiritual sanctuary.

The pilgrims wore a very special outfit. They had a hat a cape and a cloak. They also had a walkingstick and a bag. They had a shell that symbolised they were pilgrims. The shell also had a practical function, they used it to drink from it. They collected things from every holy place they went to like pilgrim symbols. The guides in pilgrimages are often monks, nuns or priests who work with this all their time. They are often experienced and know the way. There are many pilgrim destinations in the world. In Scandinavia we have Vadstena where S:t Bridget lived and Trondheim where S:t Olav lived. The most famous destination of course, is Jerusalem the holy city in Israel. Also Santiago de Compostela in Spain and Rome are popular pilgrim destinations.